

**TOO BIG FOR HER BRITCHES  
COMES TO THE 2022 HAMILTON FRINGE FESTIVAL**

**WHAT: Too Big for Her Britches**

A one-woman musical journey about self-love and breaking generational trauma.

- *OFFICIAL SELECTION SOLOFEST 2022*
- *OFFICIAL HOLLYWOOD ENCORE PRODUCERS AWARD 2022*
- *GOLD MEDAL AWARD WINNER HOLLYWOOD FRINGE 2022 TVOLUTION*
- *NOMINEE TOP 5 INTERNATIONAL SHOW HOLLYWOOD FRINGE 2022*
- *OFFICIAL SELECTION HAMILTON FRINGE 2022*
- *OFFICIAL SELECTION UNITED SOLO OFF BROADWAY 2022*

**WHERE:** The Players Guild of Hamilton, 80 Queen St. S, Hamilton, L8P 3R8

**Performance Dates:**

July 21- 9:30pm

July 23- 7:30pm

July 24- 5:30pm

July 27- 6:00pm

July 29- 7:30pm

July 30- 9:30pm

July 31- 1:30pm

Running Time: 75 minutes

**Tickets:** <https://boxoffice.hftco.ca/event/866:584/>

**General Admission:** \$13.75; Also \$5 Fringe Support Button

**Admission 13+**

Content Note: Talks about bulimia, suicide, and some four-letter words.

**Written by:** Lisa Pezik; **Directed by:** Heather Dowling; **Presented by:** Lisa Pezik

**Produced by:** Jessica Lynn Johnson; **Songwriter, Composer, and Piano Accompaniment by:** Drew Lawrence; **Co-Songwriter:** Lisa Pezik; **Choreography by:** Pamela Najera

Described as a “beautiful piece of solo artistry,” Too Big for Her Britches, starring Lisa Pezik, is a one-woman musical dramedy with original music, live piano accompaniment, and a “must-see rollercoaster of emotions that’s expertly led and a balance of humor and darkness.”

Too Big for Her Britches centers around the battle between the main character, Luna's, Inner Shame and inner Warriress. After a near miss of being wiped out by a transport truck, Luna questions everything about her life. Journey with her through heartbreak, bullying, eating disorders, mental health, generational trauma, narcissistic mothering, and finding her light as Lisa morphs into 25 characters and sings 7 original songs.

With a rise in mental health, Lisa wanted this show to be a life raft and a piece of healing and hope for the audience. Her end goal and motivation of taking this show to Broadway isn't to "get rich and famous." Rather the piece of art Lisa wished she had when she was struggling. The show's goal is to foster a sense of inclusion, self-love, and belonging in our own bodies and how we show up in the world.

With a successful world premiere at Solofest 2022 at the WhiteFire Theatre in Sherman Oaks, multiple awards at Hollywood Fringe Festival, her next stop is Hamilton Ontario Fringe, and lastly the prestigious Off-Broadway run on 42<sup>nd</sup> St in New York City in the Fall 2022. Lisa will also be releasing the original score on Spotify later this year as it was highly requested from the audience and recorded June 2022 out in Hollywood.

For additional information contact: Lisa Pezik -[lisa@lisapezik.com](mailto:lisa@lisapezik.com) - 905-966-2857

**Website:** [www.lisapezik.com](http://www.lisapezik.com)

***Comps available for members of the press upon request. Please contact [lisa@lisapezik.com](mailto:lisa@lisapezik.com)***

#### **ABOUT THE PRODUCTION**

**Lisa Pezik- Creator** (Playwright, Actor, Songwriter) is a brand strategist, content marketer, playwright, solo theater artist, songwriter and former RN and Fitness Instructor, making her world premiere of her first solo show *Too Big For Her Britches*. Lisa is no stranger to storytelling. She's a professionally trained speaker having presented her stories and strategies in Canada, the US, and the UK, as well as writing two #1 International Best-Selling Books. Later this year, Lisa is stepping onto a larger stage with TEDx. Prior to her agency and theater work, Lisa has a Bachelor's Degree in Nursing from the York College of Pennsylvania. She also has an extensive background in wellness with numerous Certification from the American Council of Exercise. She resides in Toronto, Ontario with her husband, Eric, her son, Oliver, and their small herd with two dogs, two cats, and Oliver's favorite, two pet rats. Learn more at [www.lisapezik.com](http://www.lisapezik.com)

**Heather Dowling** (Director and Developer) is a Soaring Solo instructor and an award-winning writer and actress. Her two one-person shows, *Unemployed. Finally.* and *Fertile*, have garnered many awards, including SELECTION for Solofest, the largest solo performance festival on the West Coast, SELECTION by United Solo NYC for OFF BROADWAY performance, two-time ENCORE AWARD WINNER and BEST ACTOR nominee for the Hollywood Fringe Festival and two-time SELECTION for the prestigious and international LA Women's Theatre Festival. Heather is also the co-creator, producer and lead of the comedy series *Down The Middle*, featuring Tom Bergeron, currently on the festival circuit. Her most recent television appearance was on NBC's *This Is Us*. Learn more about her at [HeatherDowling.com](http://HeatherDowling.com)

**Jessica Lynn Johnson** (Producer) is a published playwright, recipient of BEST NATIONAL SOLO ARTIST AWARD, Advisory Board Member of the LA Women's Theatre Festival, Director for Whitefire Theatre, and Founder & CEO of Soaring Solo Studios. Jessica has aided in the development of over 100 solo shows (and still going strong)! As a performer, Jessica has “edutained” international audiences touring her own one person shows ZE and OBLIVIOUS TO EVERYONE for over 15 years. Jessica's projects have taken home awards such as TOP OF FRINGE, HFF ENCORE PRODUCER AWARDS, TVOLUTION BEST SOLO PERFORMANCE, LARRY CORNWALL AWARD FOR MUSICAL EXCELLENCE & several other accolades! Jessica was also nominated for the Female Director of Distinction in Theatre by Girl Trip LLC at the 2018 Hollywood Fringe Festival. Jessica is so honored to collaborate on this wonderful solo show! [www.SoaringSoloStudios.com](http://www.SoaringSoloStudios.com)

**Drew Lawrence- Songwriter** (Composer, Piano Accompaniment) is a multi-platinum songwriter and producer. His song “Jar of Hearts,” co-written and performed by Christina Perri, was an international smash. Drew’s songs have been recorded by worldwide major label artists including Leona Lewis, The Backstreet Boys, Lea Michele, Shane Filan (Westlife), Stinaj, Jaira Burns and many more. He has contributed songs to albums for Lindsey Stirling, Madilyn Bailey, Chris Jamison (The Voice) and Fede Le Grand, which all charted on the Billboard Hot 200. Drew is also a recording artist and tours the country with his group “The Dales.”

**Pamela Najera Michael** (Dance Choreographer) originally, from the Philippines journeyed to the United States in 1979. Practically, a California native, Pamela was formerly a full-time medical assistant and switched professions at 35. She danced professionally with a background in jazz, ballet, and hip-hop for over 15 years. Pamela has found true satisfaction in being of service to her fellow solo-artists in designing a ‘uniquely-you’ choreography fit for any level of dance or none at all. Pamela also wrote, produced, and performed in her own one-woman-show, TOO OLD TOO ASIAN TOO SHORT. [www.yoursidekik.com](http://www.yoursidekik.com)

**For additional show photos:** <https://drive.google.com/drive/folders/18MnFQWF-Gc0VgLOt7NoPOP0q7FyBkEN9>

**Facebook Personal Page:** <https://www.facebook.com/lisa.pezik>

**Instagram:** <https://www.instagram.com/lisa.pezik/>

**LinkedIn:** <https://www.linkedin.com/in/lisapezik/>

**Podcast:** <https://podcasts.apple.com/ca/podcast/the-lisa-pezik-show/id1229232466>  
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