

ABOUT *Lisa*



*L*isa Pezik is on a mission to grow brands, belief, and businesses online without calling it a side hustle.

Her Freedom Life Coaching, Empowerment Planner, Online in 9 Course, Blog and Podcast, have impacted thousands of men and women across North America and the UK to develop their products and programs without ever feeling like an imposter to the 9–5.

In 2016, Lisa was seconds away from being sideswiped by a transport truck. It was the jolt that made her say “Enough is enough.”

She swapped Netflix for personal development books, low-calorie diets for whole foods, and learned how to go from passion to profit with the best mentors in High Performance, Personal Story Power, and Online Marketing.

Over the course of two years, she released over 100lbs and built a six-figure online speaking, writing, and coaching business from her kitchen table.

As a Registered Nurse and Fitness and Nutrition Specialist, Lisa has a unique back-

ground allowing her elegant leadership to shine through.

She’s been featured on the Hamilton Life Show as a business and wellness expert and published in Thrive Global and Huffington Post.

She’s also been featured as a speaker on stages across the world due to her contagious energy, fiery inspiration, and in-depth knowledge. Lisa provides humour, honesty, humility, and practical strategies audiences can take with them unlock their true potential.



WHAT *Kelly* HAS TO SAY

“It’s incredible working with Lisa. I have the necessary support and how to steps to stand out in real estate. She challenges me. In the first week houses were buying and selling faster than ever, and I have energy to keep up with the challenges of business and life!”



Speaking and podcast interview topics include selfless leadership, building an online business, and crafting and sharing your story.

To feature Lisa on podcasts, stages, or interviews contact her team at hello@lisapezik.com

For Lisa’s blogs, podcast, courses, and social media head to www.lisapezik.com

